

SHARP DEBRIDEMENT CALLUS AND CORNS



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WHAT IS SHARP DEBRIDEMENT?

Sharp debridement is a procedure that uses scissors, scalpels and other sharp instruments to cut away or remove hard skin or dead tissue.



WHAT ARE THE BENEFITS OF SHARP DEBRIDEMENT OF CALLUS (HARD SKIN) OR CORNS?

Callus and corns are caused by pressure, if the callus and/or corns are not reduced this can cause further pressure, which can in turn lead to ulceration, regular sharp debridement of callus and/or corns can help reduce the abnormal pressures and therefore reduce the risk of ulceration, this is especially important if you have a loss of feeling in your feet.



CAN SHARP DEBRIDEMENT BE DONE BY ANYONE?

Sharp debridement is a skilled procedure and should only be completed by healthcare professionals that have relevant training and experience, all the Podiatrists at Dasman Diabetes Institute are highly skilled and experienced in sharp debridement.



WHAT ARE THE RISKS OF SHARP DEBRIDEMENT?

As with any procedure there are risks. Since sharp debridement involves the use of sharp instruments, there is a small risk the area may bleed. If bleeding occurs, a dressing will be applied to the area. It is possible the debridement may be painful, however this is uncommon and if debridement of the callus or corn becomes painful the Podiatrist will not proceed. As with any procedure there is a risk of infection.



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