

Medical Fitness Center
P.O.Box 1180 Dasman
15462 Kuwait
Tel: +(965) 2224 2999 Ext. 4900
Fax: +(965) 2224 2450



مركز اللياقة الطبي
ص.ب. 1180 دسمان
15462 الكويت
ت: +(965) 2224 2999 داخلي 4900
ف: +(965) 2224 2450

PRICE LIST

Prices for tests and services provided by Medical Fitness Center in DDI **effective 1st October 2020.**

Sr. No.	Registration Fees	Price (KD)	Payment Terms
1.	Non-Insurance Clients	40	First Time
2.	Afya Insurance Clients	Changes per insurance	First Time
Sr. No.	Full Access Membership	Price (KD)	Number of Months
1.	Enrolment & Renewal Freezing time is: 7 days freezing for 3 months membership 3 weeks freezing for 6 months membership 6 weeks freezing for 1 year membership.	90	1 month
		200	3 months
		350	6 months
		500	1 year
2.	KFAS Staff Freezing time is: 7 days freezing for 3 months membership 3 weeks freezing for 6 months membership 6 weeks freezing for 1 year membership.	120	3 months
		210	6 months
		300	1 year
3.	DDI Staff No Freezing	75	3 months
Sr. No.	Limited Access Packages	Price (KD)	Remarks
1.	Group Class	10	Per class (excluding aqua classes)
2.	Group Class Online	7	Per class (excluding aqua classes)
3.	Group Class Package	85	10 classes (excluding aqua classes)
4.	Group Class Package Online	60	10 classes (excluding aqua classes)
5.	One-day pass	10	Per day (excludes Aqua classes)
6.	Body composition analysis	10	Isolated test
Sr. No.	Additional Services	Price (KD)	Remarks
1.	Personal Training - 12 Sessions in 1 month No Freezing	220	To be used in 1 month. Includes 1 month access to facilities.
2.	DDI Staff Personal Training – 12 Session No Freezing	180	To be used in 1 month. Does not include access to facilities.
3.	Personal Training - 16 Sessions in 1 month No Freezing	260	To be used in 1 month. Includes 1 month access to facilities.
4.	DDI Staff Personal Training – 16 Sessions No Freezing	210	To be used in 1 month. Does not include access to facilities.

- Registration fee includes blood test, ECG and medical clearance.
- Registration fees are non- refundable after above mentioned services are rendered.
- Medical clearance, blood tests and ECG. Services included are: Fitness assessment, body composition analysis, anthropometric measurements, and exercise prescription.
- One Day pass fees cover day use of gym and 5th floor group classes only (Aqua classes are not included).
- There is no cancellation or refund with any memberships, packages or services.