

NICOTINE PATCH



معهد دسمان للسكري
Dasman Diabetes Institute

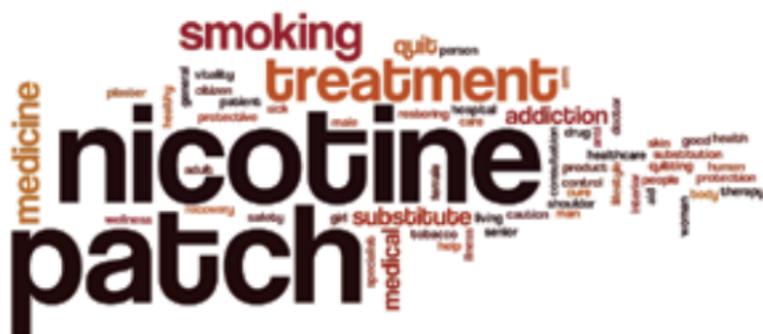


مؤسسة الكويت للتقدم العلمي
Kuwait Foundation for the Advancement of Science

أحد مراكز
Center

HOW IS THIS DRUG BEST TAKEN?

- Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.
- The patch comes in 3 doses. If you smoke 11 or more cigarettes a day start with the 21 mg patch (step 1). If you smoke 10 or less cigarettes a day start with the 14 mg patch (step 2).
- Put patch on clean, dry, healthy skin on the chest, back, belly, or upper arm. Move the site with each new patch.
- Put patch on a site without hair.



- Wash your hands after use.
- Keep each patch on for 16 to 24 hours.
- Do not leave on the skin for more than 24 hours.
- Do not put on more than 1 patch at a time.
- Do not use patches that are cut or do not look right.



WHAT IS THIS DRUG USED FOR?

- It is used to treat nicotine withdrawal.
- It is used to curb the craving to smoke.



WHAT DO I NEED TO TELL MY DOCTOR BEFORE I TAKE THIS DRUG?

ALL PRODUCTS

- If you have an allergy to nicotine or any other part of this drug.
- If you are allergic to any drugs like this one, any other drugs, foods, or other substances. Tell your doctor about the allergy and what signs you had, like rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.
- If you have any of these health problems: Chest pain or pressure, a heartbeat that does not feel normal, or a recent heart attack.
- If you still smoke, chew tobacco, or use other products that have nicotine while using this drug.



WHAT ARE SOME THINGS I NEED TO KNOW OR DO WHILE I TAKE THIS DRUG?

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Avoid driving and doing other tasks or actions that call for you to be alert until you see how this drug affects you.
- Get counseling to help you quit smoking.
- Do not use more than told. Unsafe side effects may occur.
- Tell your doctor if you are taking another drug to help you stop smoking.
- If you have high blood sugar (diabetes), you will need to watch your blood sugar closely.
- When you stop smoking, other drugs may be affected. Talk with your doctor.
- Tell your doctor if you have not been able to quit smoking after using this drug for as long as it says to use it.
- Tell your doctor if you are breast-feeding. You will need to talk about any risks to your baby.
- This drug may cause harm if swallowed. If this drug is swallowed, call a doctor or poison control center right away.



- ⌘ This drug may cause harm or be deadly if used or swallowed by children or pets. If a child uses this drug or if this drug is swallowed by a child or pet, call a doctor or poison control center right away.
- ⌘ If you are 65 or older, use this drug with care. You could have more side effects.
- ⌘ This drug may cause harm to the unborn baby if you take it while you are pregnant. If you are pregnant or you get pregnant while taking this drug, call your doctor right away.
- ⌘ The patch may have metal. Take off the patch before an MRI.

WHAT ARE SOME OTHER SIDE EFFECTS OF THIS DRUG?

- ⌘ All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:
 - ⌘ Not able to sleep
 - ⌘ Bad dreams
 - ⌘ Nervous and excitable
 - ⌘ Headache
 - ⌘ Joint pain
 - ⌘ Back pain
 - ⌘ Skin irritation



WHAT DO I DO IF I MISS A DOSE?

- Use a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not use 2 doses or extra doses.

HOW DO I STORE AND/OR THROW OUT THIS DRUG?

- Store at room temperature.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.
- After you take off a skin patch, be sure to fold the sticky sides of the patch to each other.

References: www.lexicomp.com

CONTACT US

SWITCHBOARD: + (965) 2224 2977 ext. 6059
HOTLINE: + (965) 1877 877
EMAIL: csc@dasmaninstitute.org
OR VISIT US AT: www.dasmaninstitute.org