



معهد دسمان للسكري
Dasman Diabetes Institute



مؤسسة الكويت للتقدم العلمي
Kuwait Foundation for the Advancement of Sciences

أحد مراكز
Center

DASMAN DIABETES INSTITUTE

INTERNSHIP MANUAL

SUMMER INTERNSHIP PROGRAM
2025

WELCOME TO THE DDI SUMMER INTERNSHIP PROGRAM!

The Summer Internship Program at Dasman Diabetes Institute offers a unique opportunity for university students and recent graduates to gain hands-on experience in cutting-edge research projects.

At DDI, a plethora of diabetes research projects and initiatives await exploration, ranging from type 1 and 2 diabetes and their complications, such as childhood and adolescent obesity, and more. As an intern, you will receive supervision tailored to your assigned project, whilst gaining insight into our research endeavors and activities.

In addition to varying duties based on your department and sector, as a summer intern at DDI, you will gain exposure to the following:

- **Knowledge Transfer:** Attending seminars, lectures, and journal club meetings.
- **Hands-On Experience:** Learning core research principles and practicing them.
- **Other Transferable Skills:** Using teamwork, communication, critical thinking, problem-solving, time management, adaptability, and creativity in your day-to-day activities.

ROLES AND RESPONSIBILITIES

INTERN

- Conducts research under the guidance of the supervisor.
- Attends meetings and training sessions.
- Communicates progress and challenges effectively.
- Adheres to DDI's code of conduct, ethics guidelines, and confidentiality policies.

SUPERVISOR

- Provides guidance and mentorship to the intern.
- Defines research goals and objectives.
- Monitors progress and provides feedback.
- Ensures compliance with project timelines and quality standards.

INTERNSHIP COORDINATOR

- Facilitates effective communication, evaluates progress, and provides advice when needed.
- Organizes training sessions.
- Addresses any logistical or administrative issues.

INTERNSHIP PROGRAM TIMELINES

The Summer Internship Program 2024 will be conducted from June 15 to August 7, 2025.

Internship	Internship Timeline	Applications Open	Application Deadline
Summer	June 15 – August 7, 2025	February 6	May 10

- Applications are open from February 6 to May 10, 2025.
- Interested candidates can visit the DDI website to fill in the application form.
(<https://www.dasmaninstitute.org/internship-training/internship-program/>)

Summer Internship Manual

DASMAN DIABETES INSTITUTE



- Ensure to attach all required documents.
- Once you have completed the application form, your application will be reviewed by the committee, and selected applicants will be notified via email. *
- Selected candidates will be sent an offer letter via email. Candidates must confirm their acceptance of the offer via email before May 25th, 2025.
- Interns must complete the required 8 weeks to be eligible to obtain an internship certificate.

*Please note that applications via email or in person will not be entertained or considered.

INTERNSHIP DEPARTMENTS

Interested applicants must choose one of the sectors, i.e., Research or Medical and proceed to choose two preferred departments in that sector. The candidate will be assigned to a department on a first-come first-served basis.

RESEARCH SECTOR

1. Genetics and Bioinformatics
2. Immunology and Microbiology
3. Biochemistry and Molecular Biology
4. Bioenergetics and Neurometabolism
5. Population Health
6. Animal and Imaging Core Facility
7. Special Services Facilities
8. Translational Research

MEDICAL SECTOR

1. Diagnostics Imaging Center (DIC)
2. Nutrition
3. Clinical Laboratory
4. Education and Training
5. Dose Adjustment For Normal Eating (DAFNE)
6. Clinical Care Research & Trials
7. Podiatry
8. Pharmacy

INTERSHIP TRAININGS

Interns will have the opportunity to attend workshops and trainings to build technical competencies and instill a strong foundation in research ethics, communication, and professional conduct, aspects crucial for success in the field of research. These trainings are their goals are as follows:

- **Good Clinical Practice (GCP) Training:** To help interns understand the ethical and scientific standards for conducting research, promoting the welfare of human subjects, and ensuring data integrity.
- **Research Ethics:** To familiarize interns with ethical considerations in research, including issues such as informed consent, confidentiality, and conflicts of interest.
- **Poster Presentation Skills:** To equip interns with the ability to effectively communicate their research findings visually, which is essential for academic conferences, symposiums, and other professional settings.
- **Laboratory Safety and Quality Guidelines:** To ensure interns understand and adhere to safety protocols, minimizing risks to themselves and others while conducting experiments.

Summer Internship Manual

DASMAN DIABETES INSTITUTE



- **Presentation and Public Speaking Techniques:** To enable interns to confidently present their research findings to diverse audiences, including peers, supervisors, and stakeholders.

We hope this manual provides clarity on what to expect and how to make the most of your experience in our Research Summer Internship Program at DDI. We look forward to welcoming you aboard and wish you a successful and fulfilling internship journey!

FOR MORE, CONTACT

Internship Coordinator

Ms. Rawaa Al Touq

Dasman Diabetes Institute, Kuwait

Phone: +965 2224 2999 Ext: 2255

Email: summerinternship@dasmaninstitute.org